



# Trainingsplan Abenberg

Sommer 2021

	Montag			Dienstag			Mittwoch			Donnerstag			Freitag		
	P1	P2	P3	P1	P2	P3	P1	P2	P3	P1	P2	P3	P1	P2	P3
14:00															
-															
15:00															
-															
15:00									15:00 - 17:00 Kinder				15:00 - 18:00 Kinder Dennis	15:00 - 18:00 Kinder Fabi	
-															
16:00				16:00 - 17:00 Juniorinnen 18											
-															
17:00	17:00 - 20:00 Herren 60 Herren 65			17:00 - 18:00 Damen 50	17:00 - 20:00 Damen 40 Damen 50 Juniorinnen 18										
-															
18:00				18:00 - 20:00 Damen 40						17:30 - 20:30 Herren 40		17:30 - 18:30 Herren 40	18:00 - 20:00 Erwachsene Dennis	18:00 - 19:00 Erwachsene Fabi	
-															
19:00												18:30 - 20:30 Herren 40			
-															
20:00															
-															
21:00															

Legende:

freies Training

Tennisschule